

JANUARY SELECTIONS



CANNED VEGGIES

Mixed Vegetables
Diced Tomatoes



CANNED FRUITS

Applesauce
Peaches

FRESH PRODUCE

Onions, Russet Potatoes,
Pears and Celery

JUICES

Grape, Cran-Apple & Tomato

STARCHES

Dehydrated Potatoes
Egg Noodles

DRIED FRUITS

Prunes

CANNED BEANS

Refried Beans

DRY BEANS

Pinto, Lima, and Great Northern

EGGS

Powdered Egg Mix

MEATS AND FISH

Frozen Ground Beef,
Canned Chicken, Beef & Tuna

PEANUT PRODUCT

Peanut Butter

FATS

Vegetable Oil & Buttery Spread (NEW)

MILK

Canned Evaporated Milk
Dry Milk
1% Milk

CHEESE

Block & Sliced

FARINA

Farina

RICE & PASTAS

Macaroni, Rice, Whole Grain Rotini
& Mac and Cheese

HOT CEREAL

Oatmeal

FLOURS

Cornmeal
All-Purpose White
Whole Wheat

CEREAL

Oat Cereal

BAKERY MIX

Low Fat Bakery Mix

SAUCES

Spaghetti Sauce

SOUPS

Tomato Soup

CRACKERS

Unsalted

BONUS ITEM

Ham

